

Swimming

2006 EDITORIAL CALENDAR

January

Swimming World Content

2005: The Year in Review

World Rankings, Top 16 USA Short Course Rankings, Meet Round-Up: World Cup, US Open, Euro SC Champs

SWIM Content

Do or Diet: The Competition Diet Designing A Workout Plan "Meet Your Master" debuts

Swimming Technique Content

Q & A with Wildcat Aquatics

Training Freestyle, Taper: Youth vs. Adult

February

Swimming World Content

USA Rankings, Top 16 Rankings Long Course, Fall High School State Results, Ten Greatest NCAA Races 2006 Summer Swim Camps

SWIM Content

Preventing Shoulder Injury Fitting in Your Workout

Swimming Technique Content

Q&A with Coach Steve Collins Fly Technique

March

Swimming World Content

2006 NCAA Previews Breaking the 1 Minute Barrier; 100 Back 2006 Summer Swim Camps

SWIM Content

How Do You Know When You Are Fit? Warm-up Routines

Swimming Technique Content

Q & A with Coach Mike DeBoor Backstroke Technique **Breakouts**

April

Swimming World Content

Breaking the 1 Minute Barrier; 100 Fly Swimming Hall of Fame, Aquatic Directory

SWIM Content

World Masters Swimmers of the Year

Swimming Technique Content

Q & A with Coach Lea Maurer Breaststroke Technique

May

Swimming World Content

2006 Men's and Women's NCAA Championships, Commonwealth Games World Championship, Winter H.S. Results

SWIM Content

The Ancient Waters of Yoga Swimming Technique Content

Preventing Knee Injuries

Q & A with Coach Ray Looze Distance Training

Swimming World Content

USA Swimming Spring Nationals NCAA Division II & III Championships

SWIM Content

Stretch Your Times

Control Your Weight Through Swimming

Swimming Technique Content

Q & A with Coach Jeff Pease Training 400 I.M.

July

Swimming World Content

State, Regional, Jr. and Zone Results, Summer League Swimming, English Channel Swims, YMCA Nationals

SWIM Content

USMS Short Course Nationals

Swimming Technique Content

Q & A with Coach Dennis Dale Training All Strokes

August

Swimming World Content

2006 Male and Female High School Swimmers of the Year Spring H.S. Results

SWIM Content

Heat Sheet Strategy Lose Inches Swimming

Swimming Technique Content

Q & A with Coach Chris Davis **Developing Consistent Winners**

September

Swimming World Content

National High School Championships High School All American Rankings

SWIM Content

Warm-up Routines Muscle Cramps

Swimming Technique Content

Q & A with Susan Teeters - Princeton's Winningest Coach

October

Swimming World Content

USA Nationals, Prep School Review, YMCA Nationals, Jr. Championships, Zone Results, Duel in the Pool (USA vs China), Holiday Training, Holiday Gift Guide

SWIM Content

Masters World Championships

Swimming Technique Content

Q & A with Coach Jon Howell Distance Technique

November

Swimming World Content

Tiburon Mile, Maui Channel Swim, La Jolla Rough Water, Holiday Gift Guide

SWIM Content

Body Composition

Training your Energy Systems

Swimming Technique Content

Q&A with Coach Jill Sterkel Training the Mature Athlete

December

Swimming World Content

World Swimmers of the Year, American, Pacific Rim, European, African, Disabled Swimmers, and Open Water Swimmers of the Year, World and US Records, World Best Times by Events, Holiday Gift Guide

SWIM Content

Exercise Red Flags, Masters Holiday Training

Swimming Technique Content

Q&A with Coach Larry Liebowitz Team Technique





2006 Space & Material Deadlines

Issue January	Special Inserts	Space 10/28/05	Art 11/11/05
February	2006 Summer Swim Camps	11/23/05	12/9/05
March	2006 Summer Swim Camps	12/16/05	1/6/06
April	2006 Aquatic Directory	1/27/06	2/7/06
May		2/21/06	3/3/06
June		3/24/06	4/7/06
July		4/21/06	5/5/06
August		5/23/06	6/6/05
September		6/20/06	7/6/06
October	2006 Prep School Guide 2006 Holiday Gift Guide	7/21/06	8/4/06
November	2006 Holiday Gift Guide	8/18/06	9/7/06
December	2006 Holiday Gift Guide	9/29/06	10/11/06

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